Registration

- o Naming God: Beauty, Love and Mercy 1/28
- Don't Worry, Be Happy: Jesus' Tips for a Happy Life 2/11
- \circ Lenten Lessons from the Mystics 2/25
- Celtic Spirituality: Finding God in Primroses, Poetry and Pubs 3/11
- Developing a Discerning Heart 5/13

Great Women Series

- Roses in December: The American Martyrs of El Salvador 3/25
- o Coretta Scott King: A Woman of Grace 4/8
- $_{\odot}$ Mary Magdalene: History and Tradition 4/22

Name

Address		
City	State	Zip
Phone		
Email		

Amount enclosed

Be a Visitation North "Frequent Flyer" The suggested offering for all programs is \$25. For those who register for three or more programs, the suggested offering is \$20 for each program.

Please register one week prior to any program.

Send registration and check to: Visitation North 7227 Lahser Road Bloomfield Hills, MI 48301

Naming God: Beauty, Love, and Mercy

Mary Ellen Sheehan, IHM, STD

Saturday, Jan. 28, 9:30 a.m.-12:30 p.m.

To engage in the process of identifying our names for God is to confront paradox. On the one hand, our Christian tradition proclaims that God is beyond all naming. On the other hand, our scriptures and theological reflection give us almost countless names for God. This workshop will explore this paradox concretely by exploring our naming and experiencing of God, accenting especially approaches from Beauty, Love and Mercy.

Don't Worry, Be Happy: Jesus' Tips for a Happy Life

Kathie Budesky, IHM, MA

Saturday, Feb. 11, 9:30a.m.-12:30 p.m.

In his recent visit to Sweden, Pope Francis claimed that "the identity card" of Christians can be found in the Beatitudes from Jesus' Sermon on the Mount. In this program, we will look at the Beatitudes—what did they mean for first century followers of Jesus and what do they mean for those who are called "to confront the troubles and anxieties of our age with the spirit and love of Jesus?"

Lenten Lessons from the Mystics

Janet Schaeffler, OP, MA

Saturday, Feb. 25, 9:30 a.m.-12:30 p.m.

The season of Lent invites us to contemplatively intensify our human journey of faith ... and we are not alone in this adventure. Even though the great mystics may not directly address the season of Lent, their wisdom and vision are sure guides as we respond to our call to deepening conversion and faith-filled transformation. During this reflective morning, we will explore some insights from our mystics by means of presentation, prayer, quiet and conversations.

Celtic Spirituality: Finding God in Primroses, Poetry and Pubs

Mary Ellen Sheehan, IHM, STD

Saturday, March 11, 9:30 a.m.-12:30 p.m.

Long ago, when the first preachers of the Jesus' message arrived in Ireland, they found tribal people who were steeped in nature, lovers of sacred places and soul-sourced storytellers. What happened to the Christian proclamation when it engaged this Celtic culture and what happened to Celtic narrative when it met the Christian story? This workshop will focus on visual nature imagery, poetry, and community as a way into Celtic Spirituality.

Developing a Discerning Heart

Francis J. Daly, SJ, MDiv Kathie Budesky, IHM, MA

Saturday, May 13, 9:30 a.m.-12:30 p.m.

Throughout his pontificate, Pope Francis has emphasized the importance of following one's conscience and the discernment of spirits. But what is discernment and how does one do it? This workshop will take a practical approach to the practice based on the classical rules that were developed by St. Ignatius of Loyola. The morning will include presentations as well as case studies and discussion.



Great Women Series

Roses in December: The American Martyrs of El Salvador

Kathie Budesky, IHM, MA

Saturday, March 25, 9:30am-12:30pm

In many ways, Maura Clarke, Ita Ford, Dorothy Kazel and Jean Donovan were typical of many young American Catholic women raised in the post-World War II era. Unlike others, their response to the teachings of Jesus led them not only to serve the poor in Latin America, but to their martyrdom. This look at their life stories will include presentations, the award-winning documentary, *Roses in December*, and an exploration of their writings.

Coretta Scott King: A Woman of Grace

Joni Scott, BA

Saturday, April 8, 9:30am-12:30pm

Coretta Scott King was an American civil rights activist and the wife of civil rights leader Dr. Martin Luther King Jr. She established a distinguished career in activism in her own right, including the founding of the Martin Luther King Jr. Center for Nonviolent Social Change. In this program, we will explore her life's journey beginning with her childhood in the rural South. Before her death at age 79, Coretta Scott King was an example of how to live by making a difference in this world. She was a woman of grace, faith, and hope.

Mary Magdalene: History and Tradition

Annemarie S. Kidder, PhD, IHM Associate

Saturday, April 22, 9:30am-12:30pm

The Gospels refer to several women entering Jesus' tomb. Of those named, Mary Magdalene is always mentioned first. What do we know of Mary Magdalene from the Scriptures and extracanonical writings? What was her role among Jesus' disciples and in the early Church? In this presentation, we will explore the varied portraits of Mary through the centuries and how she may model for us a faithful walk with Christ.

Visitation North

is located at 7227 Lahser Road Bloomfield Hills, MI 48301 on the Marian High School campus between 14 Mile and 15 Mile (Maple) Roads.

Turn in at the light for Marian High School. Come to the first door on the south side of the building.

Come upstairs at that first door.

Visitation North is not handicapped-accessible

Our Presenters

Kathie Budesky, IHM, MA, the director of Visitation North Spirituality Center, has many years of experience in secondary education, both in the religious studies classroom and in the principal's office. She was a staff associate in the Ignatian Program in Spiritual Direction and Retreat Ministry at Guelph, Ontario.

Francis J. Daly, SJ, is executive director of Manresa Jesuit Retreat House in Bloomfield Hills. He was master of novices for the Detroit and Chicago Provinces and Tertian Director for Jesuits from four continents.

Annemarie S. Kidder, PhD, IHM Associate, is an ordained Presbyterian pastor and has taught courses in philosophy, ethics, and Sacred Scripture on the college level. She is the author and translator of several books on the New Testament, historical theology and the spiritual disciplines.

Janet Schaeffler, OP, is a facilitator of days of reflection, retreats and workshops. An author and college educator, she teaches online classes for the University of Dayton and Boston College. The former director of adult faith formation for the Archdiocese of Detroit, she continues this ministry in a wide variety of pastoral settings.

Joni Scott, holds a bachelor's degree in religious studies from Marygrove College and is a wife, mother, grandmother, storyteller, retreat director and a trained spiritual director. She currently serves as a director of Religious Education at Nativity of Our Lord Parish in Detroit.

Mary Ellen Sheehan, IHM, STD, earned a doctorate in theology from the Catholic University of Louvain in Belgium and is professor emerita at St. Michael's College at the University of Toronto. She draws on the contemplative character of theology to deepen our understanding and experience of God and to explore the meaning of committed Christian discipleship in our world.



